



Information and Forms:

What to Bring to Treatment

- Outside medical records pertaining to the individual's drug or alcohol dependency
- List of current treatment providers, including counselors, psychologists, or psychiatrists (form provided)
- Psycho-Social Assessment, if one has been performed in the past 12 months
- Records from recent detoxification program
- List of current medications (and other medications client may have taken pertaining to drug or alcohol addiction) - (form provided)
- Current health insurance card/information - (form provided /please bring insurance card anyway)
- Power of Attorney (if client is legally represented by anyone other than himself)

List of Current Treatment Providers

(must include counselors, psychologists, and/ or psychiatrists)

Provider Street Address City State Zip Phone

Provider Street Address City State Zip Phone

Provider Street Address City State Zip Phone

List of All Current Prescription Medications:

Medication Dose When Taken

Medication Dose When Taken

Medication Dose When Taken

List of Previous Medications

(pertaining to alcohol or drug abuse or addiction)

Medication Dose When Taken

Medication Dose When Taken

Medication Dose When Taken

Residents Must Have:

- Enough appropriate clothing and underwear for five days. There is no need to bring more than that - we have more than adequate laundry facilities. (Bear in mind that Texas weather can be quite cold during the winter, and is guaranteed to be very hot during the summer.)
- Appropriately fitted and decent jeans or shorts that are free of holes or rips are acceptable outer-wear. (not fans of the sag)
T-shirts or collared shirts are appropriate. Sleeveless shirts or tank shirts are fine for working out but not preferred at the dinner table.
- Sleepwear is mandatory. Please sleep in p.j.'s, sweat pants, shorts, and/or tshirts. You are living in a Therapeutic Community and must always be appropriately clothed. A bathrobe and shower shoes are recommended, but not required.
- Hygiene products (soap, toothbrush, toothpaste, deodorant, shampoo, conditioner). Please make sure all products you bring are alcohol free or at the very least, there must be no alcohol in the first five ingredients.
- Please be aware that anything containing alcohol will be immediately destroyed, so read all labels before bringing products in with you. The dress code is strictly enforced and anyone determined to be wearing inappropriate clothing will be asked to turn the items in to a staff member and will not be allowed to wear them again.

Please bring schedule that is free of obligations. We understand that there may be some things that must be attended to, (i.e.; Legal, Medical, Dental ...) and will work with you and your family accordingly.

Residents Must NOT Bring:

- Jewelry or other valuables. **STONEGATE CENTER** is not responsible for any lost or stolen items.
- Any sort of alcohol, illegal drugs, or non -authorized prescriptions, herbs, or supplements.
- No food or beverages of any kind including candy or cough drops.
- Nothing in aerosol cans (hair spray, foot spray, deodorants, etc).
- Razor blades, mouthwash, perfume, or cologne. Acceptable shaving materials are disposable razors or electric razors.
- Bed linens, pillows, blankets, throws, towels, etc. These items will be provided for you. (You *can* bring that “special” pillow or blanket if you really want to)
- Weapons of any kind (including pocket knives, tools, scissors, etc.)
- Electronic games, radios, televisions, telephones, or cameras
- Cell phones, beepers, CD players, MP3, Ipod, etc. (If you absolutely must bring a cell phone, we will hang on to it for you)

Please be aware that if any of the above mentioned items are brought in to **STONEGATE CENTER**, they will be removed immediately. **STONEGATE CENTER** accepts no responsibility for the violation of rules or any resident's poor choices.